

How to Maximize the Antioxidant Power of Your Water

Congratulations for deciding to improve your health and energy with our Turapür water pitcher. In order to maintain your filter's ability to produce free hydrogen and water that acts as a powerful antioxidant, you must clean your filter regularly.

How to Maximize the Performance of Your Filter

- Your filter cleans, alkalizes, and adds hydrogen to the water
- You don't have to do anything about the cleaning and alkalizing functions
- You can have a major impact on the ability of your filter to produce molecular hydrogen by cleaning your filter
- The more often you clean your filter, the better it will perform, but once per week is a good minimum.

How to Clean Your Filter

- Pour a solution of 4 ounces of vinegar (5% acetic acid) and 4 ounces of water into the pitcher
- Wait until it filters through the filter into the bottom of the pitcher
- If the filter stops draining before all the solution disappears from the reservoir, lift up the reservoir and filter and shake it a little (the stoppage in flow is happening because of the reaction of the solution to the magnesium — you may feel a slight increase in the temperature of the filter due to the exothermic reaction)
- When the solution has drained through the filter (this should take about one minute), pour the contents of the pitcher into the reservoir again
- When the solution has fully drained through the filter a second time, rinse out the vinegar solution
- Run two reservoirs full of water through the newly cleaned filter to rinse away any trace of the vinegar taste or smell (you may require more or less rinsing)
- In order to avoid levels dropping to zero, wash your filter with vinegar at least once per week.

Notes:

If the filter seems to clog while you're running the vinegar and water solution, dump everything out and run regular water through until flow is resumed and vinegar taste is washed out. Your filter is ready to use again. For maximum free hydrogen creation, clean with vinegar daily. Minimum is once per week.

